

Upcoming Events

2/14: Ash Wednesday Masses: 8:00 am, 12:15 pm, 6:00 pm

2/16: Stations of the Cross: 8:30 am, Fish Fry: 4-7 pm

2/23: Stations of the Cross: 8:30 am, Fish Fry: 4-7 pm

2/28: Lenten Parish Penance Service, 7 pm

Calendar

2/4: Regular Class

2/11: Regular Class

First Eucharist Class, 2PM (Parish Hall)

2/18: NO CLASS

2/25: Regular Class

Confirmation Class with Sponsor or Parent, 2PM (Parish Hall)

3/3: Regular Class

** Parent Session: Lent and the Seven Sorrows of Mary



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Youth Faith Formation
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Saint Michael Parish Youth Faith Formation February 2024



From Miss Fessler:

Lent begins on February 14th, Ash Wednesday. The schedule for Masses is on the back of the newsletter and on the card mailed out this coming week. Be sure to check out the schedules for: Stations of the Cross, Lenten Book Study, Parish Mission, and our “famous” Friday Fish Fry.

In our YFF classes for Lent, everyone will be taking a little time each week to explore the Lenten practices of: fasting, praying, and almsgiving. The children will also learn more about the bible stories of Lent. The catechists are excited to spread out the lessons of Lent, rather than squeezing it all into one class.

There are a great deal of resources to help your family journey through Lent. I will have a section on the YFF page of the parish website with links to resources for Lent.

Mark your calendar for March 3, our next Parent Session during YFF. We will talk a bit about Lent and the Seven Sorrows of Mary. We will be in the Youth Room of the FLC. Coffee and water will be available for the session,

God bless,

Miss Fessler



Spotlight on:

Lenten Practices/Disciplines

Prayer: We are called to spend extra time with God. Perhaps add a new prayer to your daily routine, pray the rosary as a family one day a week focusing on the Sorrowful Mysteries, talk about the Sunday Gospel during family dinner.

Fasting: There are set rules for fasting during Lent. We all know about “giving up” something or “adding something.” What if we fasted from being divisive and added being peacemakers?

Almsgiving: What can we do to help those in most need? Catholic Charities, Veteran’s Outreach, Saint Vincent DePaul Soup Kitchen are always looking for help or donations.



Fish Fry for Lent

Our Fish Fry is back! Mark your calendar for February 16, 23, March 1, 8, 15, 22.

We also need help on Wednesdays before the Fish Fry and on the day of the Fish Fry. Call the Parish Office for more information.

Saints of February

The Catholic Church calendar is filled with feast days and Saints. Here are *some* of the Saints on the calendar this month:

February 2: Presentation of the Lord

February 3: Saint Blaise

February 5: Saint Agatha

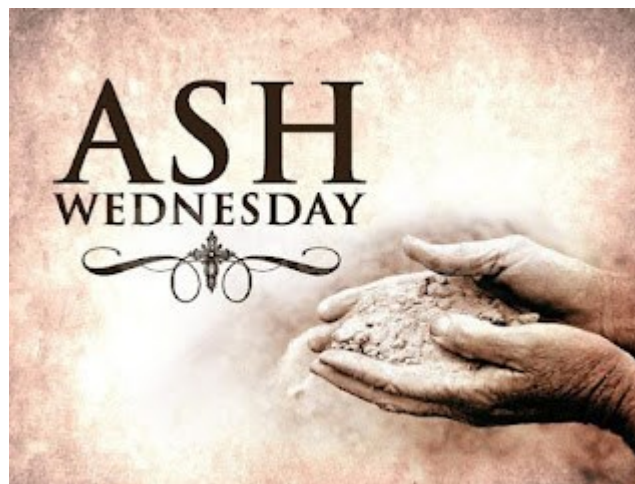
February 8: Saint Josephine Bakhita

February 14: Ash Wednesday

February 21 Saint Peter Damian

February 22: The Chair of Saint Peter the Apostle

February 27: Saint Gregory Narek



Monthly Prayer

Our Monthly Prayer is: Act of Contrition

My God, I am sorry for my sins with all my heart.

In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things.

I firmly intend, with your help, to do penance, to sin no more, and to avoid whatever leads me to sin.

Our Savior Jesus Christ suffered and died for us. In his name, my God, have mercy.

Amen

Please pray the Act of Contrition with your children throughout the month at home. We will be praying it during class time.

Collection for Veteran’s Outreach

For the Season of Lent, we are supporting our friends at Veteran’s Outreach. They are in need of food for their pantry. Next week the white bags will be sent home with information.

Please help us support those who have sacrificed for our freedom.

Thank you in advance for your generosity and modeling of “almsgiving” for our community.

Please remember if you are out of town and unable to make it to Mass here at Saint Michael, take a picture of your family with the bulletin in the church and send it to Miss Fessler.